



## **SUPPORTING DOCUMENTS**

### **3.2.2**

**NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH  
METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND  
ENTREPRENEURSHIP DURING THE YEAR**



## **International Seminar (Online) on “Peace Building Through Sports”**

### **Objectives:**

- The programs aim was to promote social integration, build bridges between communities.
- To help foster a sense of unity and ultimately contributing to a more peaceful and inclusive society.
- Sports can teach valuable life skills such as teamwork, respect, discipline and fair play, which are crucial for building a peaceful society.

### **Description:**

On, March 29, 2025 the College NSO unit organized an online International Seminar on “Peace Building through Sports” in collaboration with Physical Education Foundation of India: Ministry of Youth Affairs and Sports. Google Meet was the platform for conducting the seminar. The resource person for the session was Dr. S. Sbanath, University of Jafanna, Sri-Lanka. Prof. Jomae B. Esto, University of Mindanao, Philippines acted as the moderator for the same. Dr. Piyush Jain, National Secretary of Physical Education Foundation of India was also the part of the event as the Chief Guest. The program started with the welcome speech of Convener; NSO Dr. Ashwani Kumar. Dr. Ashwani introduced all the National and International dignitaries present in the seminar. Then resource persons then addressed the gathering on the platform. The talk was very informative and interactive which reflected his insights and the field of his expertise. A total of 138 participants from various National and International organizations were a part of this online event. The College Principal Prof. (Sr.) Molly Abraham also addressed the speaker, chief guest and moderator of the workshop and inspired the organizers by her words of appreciation. The vote of thanks was proposed by the Miss Ritul Chauhan, NSO-President.

### **Outcomes:**

Such programs provide a useful way of creating an environment in which individuals can come together to work towards the same goal, show respect for others and share space. Participants also got an opportunity to interact with the Nationally and Internationally renowned personalities and gave positive feedback about the online international seminar.



## **St. Bede's College, Shimla, (H.P), India**

NAAC RE-ACCREDITED 'A' GRADE

**National Sports Organisation (NSO)**



*In collaboration with  
Physical Education Foundation of India: Ministry of Youth Affairs & Sports*

*is organising a*

## **INTERNATIONAL SEMINAR (ONLINE)**

*ON*

### **-PEACE BUILDING THROUGH SPORTS-**

*Date: March 29, 2025 (10.30 to 11.30 am IST)*

*Resource Person*



**Dr. S. Sabaanath**  
Faculty of Allied Health Sciences,  
University of Jaffna, SRI LANKA

*Chief Guest*



**Dr. Piyush Jain**  
National Secretary, PEFI, NDLS,  
INDIA

*Moderator*



**Prof. Jomar B. ESTO**  
University of Southern Mindanao,  
PHILLIPINES

*Patron*



**Prof. (Sr.) Molly Abraham**  
(Principal)

*Convener*



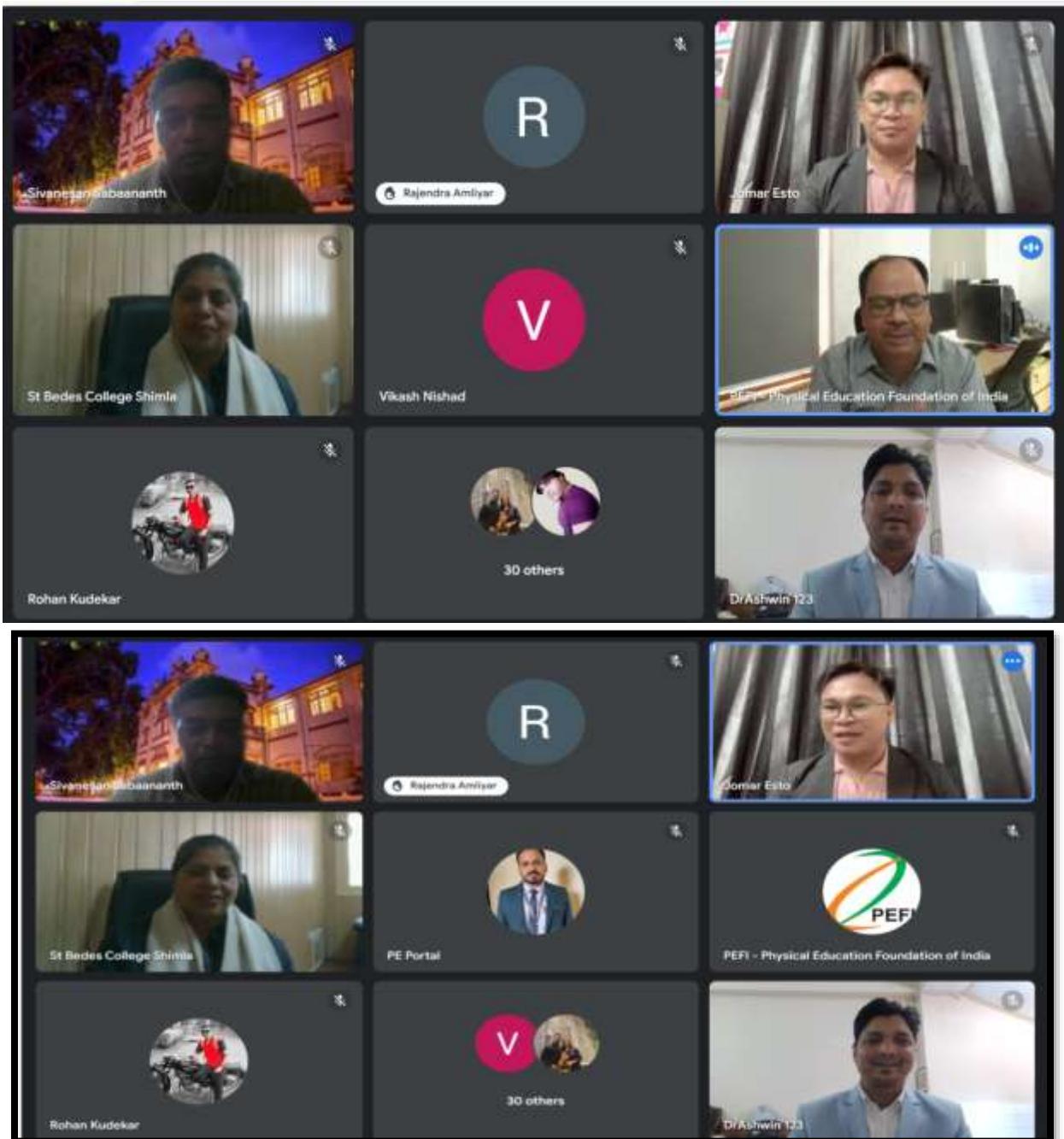
**Dr. Ashwani Kumar**  
(NSO)

*Google Meet Link: international link: <https://meet.google.com/guv-ehhh-gjy>*

## **Brochure**



### Glimpses of the International Seminar:



*International Seminar (Online) on “Peace Building Through Sports” (March 29, 2025)*



Sivanesan Sabananth (Presenting)

File Home Insert Design Transitions Animations Tell Story Review View Help Insert Element

## Thoracic outlet syndrome

Scalene anterior muscle  
Scalene posterior muscle  
Thoracic outlet  
Clavicle  
Posterior scalene muscle  
Subclavian artery  
Subclavian vein  
Scalene hiatus

10 of 47 Click to add notes

Turn off camera (ctrl + a)

St. Bede's College Shillong, Sivanesan Sabananth, Rajendra Amriyer, Daya Nand, PEI - Physical Educator, 36 others, Dr. Ashwin 123

Sivanesan Sabananth (Presenting)

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## Introduction to Peacebuilding

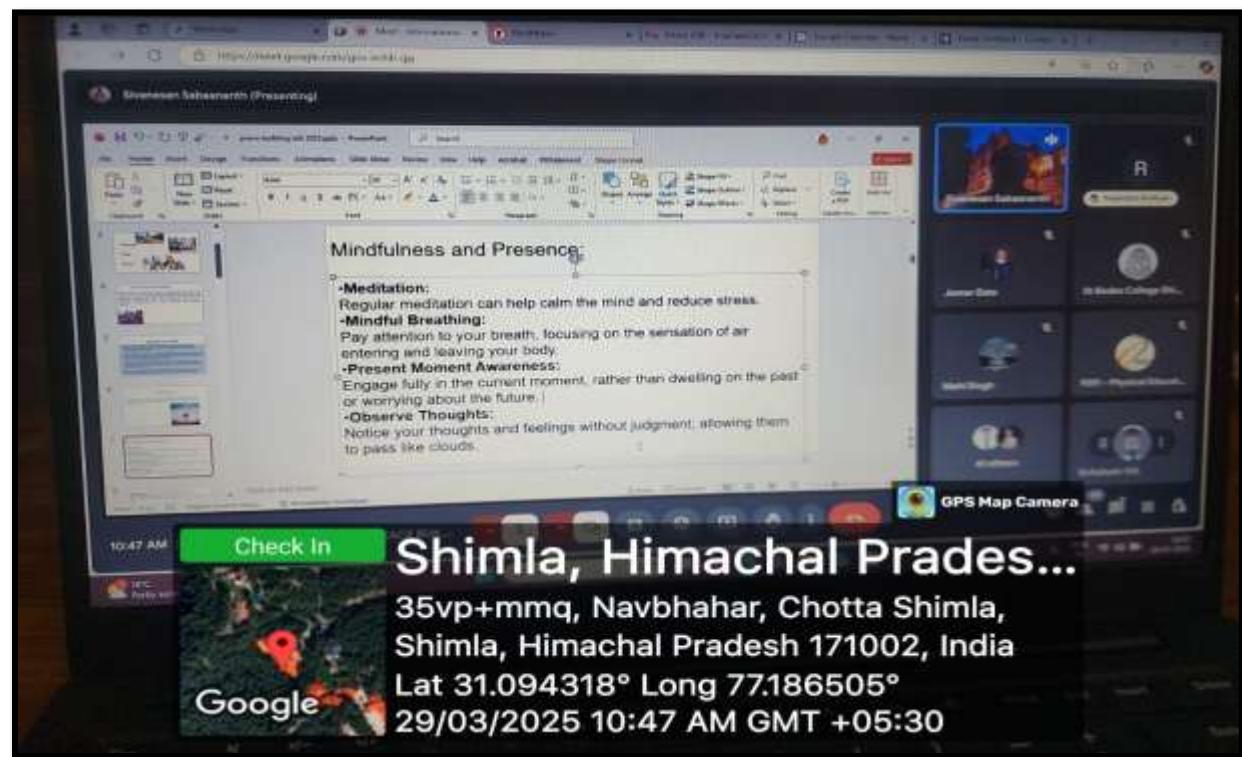
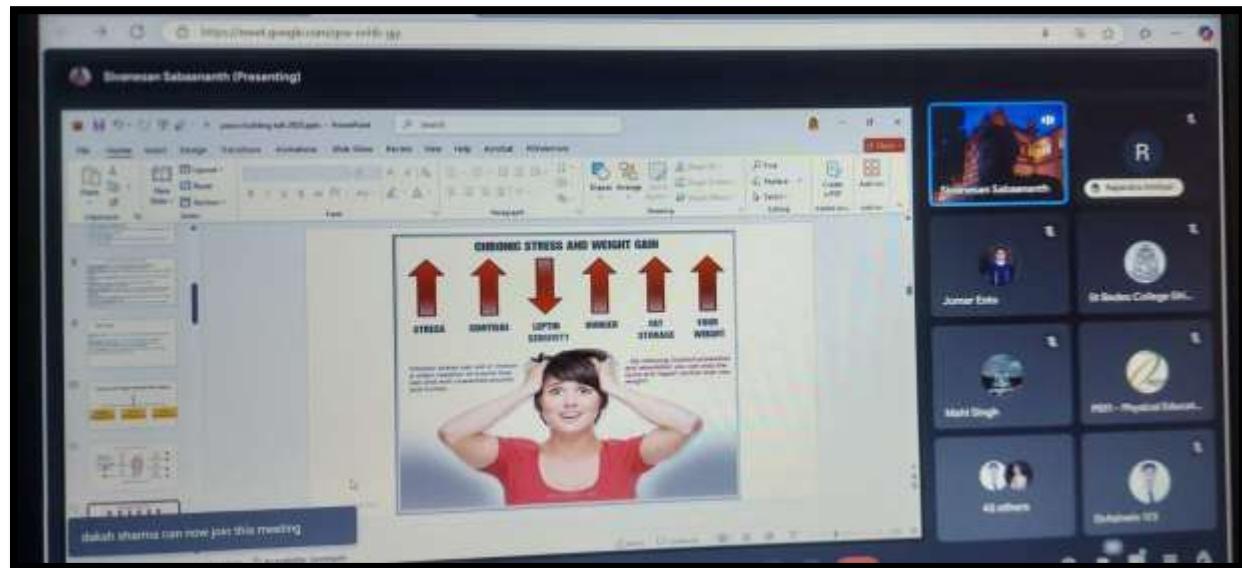
- **What is Peacebuilding?**
  - The process of developing peace through efforts to address conflict, reduce tensions, and promote harmony.
  - Involves efforts to prevent violence, support post-conflict recovery, and strengthen peaceful relationships.
- **Key Focus Areas:**
  - Conflict resolution
  - Social cohesion
  - Community development
  - Human rights

Click to add notes

Turn off camera (ctrl + a)

11:12 AM | International online seminar on PEACE BUILDING | Sivanesan Sabananth, Rajendra Amriyer, Daya Nand, PEI - Physical Educator, 36 others, Dr. Ashwin 123

*International Seminar (Online) on “Peace Building Through Sports” (March 29, 2025)*



*International Seminar (Online) on “Peace Building Through Sports” (March 29, 2025)*



## INTERNATIONAL ONLINE SEMINAR

ON "PEACE BUILDING THROUGH SPORTS" March 29, 2025 (10.10 to 11.40 pm IST), Organized by NSO, St. Bede's College,

Shimla (H.P)-INDIA

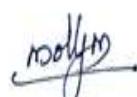
In collaboration with Physical Education Foundation of India: Ministry of Youth Affairs & Sports

\* Indicates required question

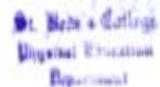
1. Email \*

2. Name (Miss/Mrs./Mr./Dr./Prof.): \*

3. Affiliation (College/University):



Principal  
St. Bede's College

  
Dr. Bede's College  
Physical Education  
Department

Attendance Sheet and  
Total: 138 Feedback

*Attendance Sheet*



International Seminar (online) on Peace Building  
through sports (March 29, 2025)  
Total Nos of Participants: 138 *AKM 24*

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Physical Education  
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Total  
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St. Bede's Coll  
Physical Education  
Department

### Attendance Sheet